



Fountain Valley High School PRINCIPAL'S NEWSLETTER

Volume X No. 2

CALIFORNIA DISTINGUISHED HIGH SCHOOL

Nov./Dec.2005

Forty Years and Counting

Special Points of Interest

- Activities
- Athletics
- College/Career
- Health
- Supervision
- VIPS

Finer

Values

Higher

Standards

DATES

TO

REMEMBER

- Nov. 4 Battle of the Bell
FV vs Edison OCC 7 p.m.
- Nov. 11 Veterans Day
No School
- Nov. 24-25 Thanksgiving
Holiday—No School
- Dec. 23-Jan. 6
Winter Recess –No school

Modified Days

Nov. 8 & 22

Dec. 6, 13, 20

Fountain Valley High School's 40th Anniversary...yes, 1966-67 to 2005-06 is 40 years. A milestone such as this prompts one to reflect on life 40 years ago. Think about the changes in society since the 1966-67 school year. Some changes have been massive, but in many ways, things are pretty much the same.

In the 60s, the country was embroiled in its own adolescence. Our pride, trust and innocence had been shaken with the Vietnam War and the assassinations of the Kennedys and Martin Luther King Jr. The streets of L.A. erupted in riots, the National Guard fired on students at Kent State. The civil rights movement made the country aware that the American Dream wasn't necessarily available to the disenfranchised. The youth of America turned away from the values of their parents and the establishment and plunged headlong into a process of self-discovery and experimentation, often with tragic results.

Principal, Chris Herzfeld

Gas guzzling vehicles roamed the streets and highways sucking down gas that cost 25 cents a gallon. Communications technology consisted of a rotary dial telephone attached to the wall, a television with 4 or 5 stations, and a radio. No personal computers, no video games, no cell phones, no internet, no Palm Pilots or Blackberries. No ipods or MP3 players. No satellite TV. The Walkman was still 10 years from being invented.

Fast forward to 2005. Gas guzzling vehicles still roam the streets and highways, but now gas is \$3.25 a gallon. A war in Iraq and potential conflicts in Asia and the Middle East demand our full attention and resources. We have been attacked on our shores, and we are determined to root out and eliminate terrorism while still protecting our hard-won freedoms.

A major US city has been nearly destroyed by a natural disaster, and apparent shifts in climate suggest more devastation is imminent. The storm ripped the veils off of the discrepancies between the haves and have-nots in the country and revealed just how thin our resources are stretched. As usual though, the citizens of these great United States rise up to help their countrymen.

It's 2005 and communications technology has changed our world forever. Our senses are bombarded by images and sounds constantly. Bigger, faster, sooner and more extreme have replaced patience and hard work as the virtues valued by a large portion of our youth.

But what about Fountain Valley High School? The school really hasn't changed very much in its 40 years of existence. FVHS is still a one-story structure built on Gospel Swamp in the center of a middle class community. The daily schedule hasn't changed much. Gum, dress code and tardies are still enforced despite the protests of students. The lockers have been moved from outside to inside, but most of the classrooms are still the same as they were in 1966. FVHS is still populated by polite students who accept each others' differences and care about school. The community has changed ethnically, but the core values of family and education remain.

We are however, tangled in the midst of physical change and upheaval. The construction and modernization projects are in full swing, complete with the inconveniences and disruptions predicted a year ago. Sewer blockages have caused indefinite bathroom closures in the 100 building, the holes left from demolition allowed a thunderstorm to flood hallways and classrooms prompting the

(Principal's message continued inside)

Information from the Administration

(Principal's message continued)

postponement of the Back-to-School night. The compaction grouting process cut through phone and data lines and left 3/4 of our staff without phone service throughout September. On the north side of campus, construction has encroached upon parking and the tennis courts. The original swamp did its best to swallow three massive pieces of heavy equipment attempting to dig the foundation.

I am excited in spite of the difficulties. The 400 building will be the first new permanent structure on the campus in 40 years. This wing will help compensate for the appearance of the practical but unattractive modular buildings installed in 2001. Other than the new 400 building, all the rest of the changes will be taking place on the inside. Those 40 year-old rooms will finally be modernized into the bright, comfortable and functional spaces our kids deserve. The core of the buildings will change drastically, but the core values that have made Fountain Valley High School an award-winning, distinguished and very special school will not change.

At the beginning of the school year, I asked our staff to renew their dedication to the part of our mission statement that says "through the mentoring efforts of a caring staff." We talked about empathy in the face of change and upheaval. I also insisted on raising our commitments to the portion of the mission that states "in partnership with parents" by asking teachers to maintain up-to-date assignment information on their webpages. I hope you and your students are seeing the results of these efforts.

Forty years and counting. I wonder what society will be like in 40 years? I wonder what FVHS will be like? In all probability, some of our young teachers and current students will be here in 2045 shaping the future.

TESTING DATES

Nov. 1 & 2 California High School Exit Exam (CAHSEE)

Make – up for Juniors & Seniors only

Jan. 25-27 Semester Final Exams

Feb. 7 & 8 CAHSEE all sophomores

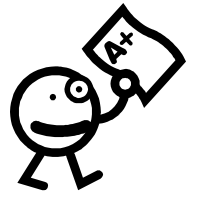
May 1-12 AP Exams

May 17-18 STAR testing all 9th-11th grade students



Progress Reports for Ninth Graders

Those of you who are parents of ninth graders should have noticed a progress report mailed to your house in mid-October. Some of you who have had students at FVHS before may have panicked thinking "The school only sends out 4-1/2 week progress reports if students are failing or near failing." Hopefully you opened the report and found good news.



In an effort to become better partners with parents, we have decided to provide a full progress report for freshmen at the mid-quarter point as well. Teachers have been asked to provide at least a comment if not a letter grade. If this works within our existing system, you can expect a report of some kind mailed to your home eight times instead of four. We hope the additional information can help make the freshmen year a success. Due to the additional costs involved, we will not be sending these mid-quarter reports to 10th-12th graders unless the student is failing or in danger of failing.

Homework Club

Does your son/daughter procrastinate doing homework? Do they have a history of telling you their work is done, but when you talk to the teacher you find out assignments are missing? The new Homework Club might help. On Tuesdays and Wednesdays at 3:30, room 241 will be staffed by teachers and tutors to provide a quiet place to do your homework and get some help if needed. Students will receive a raffle ticket for assignments completed, and there will be periodic drawings for small prizes. Students can show their ticket to teachers who may choose to add a few extra credit points to the grade in the class for which the homework was completed. Since space and resources are limited, keep in mind that the Homework Club is provided for students who struggle with their grades, not for students who typically do well. For more information contact Homework Club coordinator Mrs. Janet Marquez at extension 4243.

English Classes and Lockers Moving

The west portion of the 100 building is scheduled to be completed in January 2006. Once it is finished, the classes and programs in the Chateau Baron will be relocated to their new facilities and the English classes will be moved to the Chateau. Social Studies classes will remain in the Chateau bungalows. Students with lockers in the 100 building will find their lockers outside along the walls of the 200 building. With the delays typical of construction, we expect this move to happen in February at the earliest.

Gym Closure

The gym will be closed for modernization on March 20th. It will re-open in August 2006. Boys volleyball coaches, boosters and the athletic director are working on securing facilities and transportation for games and practices. PE classes, off-season basketball and girls volleyball will also be affected by this closure.

Dick Maynard, Vice Principal Supervision

It is Saturday morning, the day before my birthday (thank you) and I am trying to ascertain what is of most interest to parents and students. It usually comes down to what do they see daily; parking lot, lockers, "Can I have an off campus pass?" and "Am I cleared to go to the dance?" Other people will write about the "less pressing items"; three or four construction projects on campus at the same time, our excavation crater to the north, the "Chateau Baron Village" on the basketball courts, a "leaky roof" and a "leaky pipe."

During the student run House of Reps meeting on Thursday the 22nd, the students were asking why the cars are backed up in the parking lot and people are getting tickets for not making it into the parking lot before the light changes. The seniors are complaining that they are having a tough time getting to their parking spaces and why are there fewer parking spaces. Actually, there are more spaces this year for seniors but they are spread into two lots. The rest of their concerns have very simple solutions that come in three or four parts, none of which the school controls.

1- Come earlier. During the first two days of school, parents brought students to school earlier and there was no back-up in the lot. Now the back-up starts about 7:30 a.m. so plan accordingly.

2- If you have your parents convinced that they must drop you in the parking lot, make sure they pull north towards the end of the construction area. This gives the cars behind you a chance to get into the lot before the light turns red. Don't stop before turning north along the construction area.

3- The easiest way to "avoid the crunch" is to drop you a block away and let you walk to school. This gets your heart pumping; your blood flowing and you are wide-awake for the first period class.

4- Do not try to drive into the staff lot in front of the administration building or behind the 200 building between 6 a.m. and 3:30 p.m. unless you have an appointment. In that case park in the staff lot and come to supervision to get a parking pass for the day.

LOCKERS

Every student who put his/her name on the request for locker list in the Supervision Office has been contacted and offered a locker. Everyone who asked for a locker has a locker. If your situation has changed and you are still in need of a locker, come to the Supervision Office and we will work with you to assign one. Keep your school locks for the full four years and save yourself \$30. You will also save the Supervision Office a great deal of work.

Off campus passes come in two forms; lunch passes and shortened schedule passes.

To receive a lunch pass, a student must be a junior or senior with no outstanding detentions or Saturday schools and their parent must come into the office to sign the official request form. To keep your lunch pass, make good choices. You are required to attend classes on time daily, maintain a "C" average and follow all of the school rules. Make poor choices and it may be revoked.

To receive the shortened schedule pass you must bring a copy of your schedule to the Supervision Office showing that your on-campus school day ends prior to lunch. In either case, you must carry your I.D. with the sticker affixed to it, to be excused from school prior to the end of lunch.

Make good choices. I have found that there are three things one needs to do to be successful in school and in most life situations. It is very simple but not always easy.

1st- When you have an obligation, be on time.

2nd- Do your work as it is assigned.

3rd- Act like a lady or a gentleman.

Approximately 60 students are sitting in the cafeteria studying as I write this because they made a poor choice and didn't do one or more of the of the stu- clear all of Schools and because they privilege of Homecoming

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| <p>MAKE GOOD CHOICES</p> | <p>three. Some dents want to their Saturday detentions want the attending the Dance. Most of the students will be successful in that endeavor. A few won't be finished and did not attend Homecoming. Of course the same standards apply to Winter Formal, Sadie's, and Prom. Hopefully, by spending their time doing school work on a Saturday morning they will be better prepared for class on Monday morning and the experience will give them pause to reflect, the next time they are about to make a significant choice. Choose wisely.</p> |
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PROTECT YOUR VALUABLES

Please do not send students to school with large sums of cash, expensive watches or jewelry, or non-essential electronic devices. These items are easy to steal, especially if they are in a backpack.

An unfortunate part of attending school with 3000 students is that the opportunity for theft presents itself far too frequently. Students can reach into other students' backpacks in class, at lunch, while walking to class or while students are in PE or involved in sports or extracurricular activities. While we have not had many reported thefts this year, the most common item reported stolen is an ipod or MP3 player. We do supervise all areas throughout the day but it is impossible to watch every student at all times. The best way to protect a student's valuables is not to bring them.



Clint Walters, College & Career Specialist

Check out www.fvhs.com and click on College Planning for updated information

College Applications

UC and CSU applications were discussed with seniors in their English classes in September. UC and CSU applications cost \$55 per campus. UC applications can be submitted from November 1 – 30. CSU applications can be submitted starting October 1 and also need a November 30 submission date. The UC/CSU systems encourage students to apply online. UC applications are online at www.ucop.edu/pathways and the CSU application is online at www.csumentor.edu. Most private and public out-of-state schools remain open after the November 30 deadline. You will need to write for their application or go to the school web site to search for the applications or the following web sites may have the school you are looking for: www.collegeboard.com, www.review.com, www.commonapp.org. Filing deadlines will vary from campus to campus. All students planning on applying to private schools should see Mr. Walters in the Career Center in order to complete a packet that lists their activities and comments from three teachers. This information is used to fill out the Secondary School Reports for private schools.

College admission testing

Seniors must have all of their testing done by the following dates:

SAT I/SAT II – www.collegeboard.com

Dec. 3 Late registration until Nov. 9

ACT – www.act.org

Dec. 10 Late registration until Nov. 17

PSAT

The PSAT was given to 400 Juniors, Sophomores and Freshmen in October. Results of this test will be available to students and parents in late December/early January. There will be an “understanding your PSAT score” meeting with date and time to be announced. This meeting will help you understand your PSAT scores and give information on the college decision process and the necessary testing that needs to be taken as a junior. If your student did not take the PSAT you are still welcome to attend the meeting, as a lot of information will be presented. Watch for the announcement of this meeting on the website and in bulletin announcements during fourth period.

Financial Aid

FAFSA (Free Application for Federal Student Aid) forms will be available in December. These forms will be distributed to the Senior English classes. The FAFSA form will also be online at www.fafsa.ed.gov If you do it online it will be processed 1 to 2 weeks faster and will have an edit check. Earliest mailing/submission date is Jan. 1, 2006. All students should apply for financial aid regardless of financial

background. All students wishing to be considered for SCHOLARSHIPS, GRANTS, WORK STUDY, and/or LOANS must fill out the FAFSA. Any student applying to private institutions may need to fill out another form called CSS/Financial PROFILE, at www.collegeboard.com (this can be done now) on the institutions own form. To receive a CAL GRANT (State money) www.calgrant.org students need to fill out the GPA information form available with Mr. Walters in December. Your GPA along with information from your FAFSA will determine if you will be eligible for CAL GRANTS that can be used at UC, Cal State, California Private Institutions and CA community colleges. There are several web sites to help you determine if you will be eligible for federal aid. These sites calculate your numbers to give you an idea of what you will be expected to pay, for your child’s education. Any one of the following web sites will do this calculation: www.collegeboard.com, www.edfund.org, www.fafsa.ed.gov, www.finaid.org. Look for a financial aid workshop to be held in the FVHS cafeteria in January when we return from Winter Break!

Scholarships

Students and Parents can sign up to be on the Scholarship email list to find out about current scholarship opportunities. They can also come into the Career Center to pick up applications. Students can access free scholarship information online with the www.fastweb.com scholarship search program. Students should never have to pay for scholarship information. One local scholarship just for students of the HBUHSD is the **Frank Doyle Scholarship**. To find out more information on the Frank Doyle scholarship, go to www.frankmdoyle.org.

Career/College Website

All of the previous information and much more are online at www.fvhs.com under College Planning. There is a lot of valuable information on this site regarding career and college information including information on the UC system, Cal State University, Community Colleges, SAT/ACT testing, college research and career development, volunteer service, and much more. One career research website is www.virtualjobshadow.com where students can view short videos on different types of jobs and connect them with the type of training and education needed to enter that job field. Go to our school homepage, click on college planning, and then on Virtual Job Shadow website for instructions. As parents you also can have a weekly newsletter sent to you via email to help you focus your student’s career development. The address is www.careerparent.com.

Contact

For answers to questions and information on upcoming college and career activities, contact Clint Walters, College and Career Specialist, in the Fountain Valley High School Career Center. Mr. Walters can be contacted via email at cwalters@fvhs.com

ATHLETIC SCHEDULES

Boys Basketball

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|----------|---------------------------------------|------|
| 11/30 | FV @ Warren | |
| 12/5-10 | La Quinta Tourney | TBA |
| 12/13 | FV @ Los Amigos | |
| 12/19-22 | Maui Classic | TBA |
| 12/27-30 | Estancia Tourney | TBA |
| 1/3 | Mater Dei @ FV | 7:30 |
| 1/6 | Marina @ FV | |
| 1/11 | FV @ Edison | |
| 1/13 | FV @ HB | |
| 1/18 | Esperanza @ FV | |
| 1/20 | FV @ Los Alamitos | 7:30 |
| 1/27 | FV @ Marina | |
| 2/1 | Edison @ FV | |
| 2/3 | HB @ FV | |
| 2/4 | Nike Extravaganza @ Anaheim Con. Ctr. | |
| 2/7 | FV @ Esperanza | 7:30 |
| 2/9 | Los Alamitos @ FV | |

All games are at 7 p.m. excepted as printed.

Girls Basketball

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|----------|-----------------------|------|
| 11/22 | Costa Mesa @ FV | |
| 12/5-10 | Baron Hoop Challenge | TBA |
| 12/12 | Schurr @ FV | |
| 12/16-23 | Artesia Tourney | TBA |
| 12/27-30 | Costa Mesa Tourney | TBA |
| 1/5 | FV @ Marina | |
| 1-10 | Edison @ FV | |
| 1/12 | FV @ HB | |
| 1/14 | So Cal Team Challenge | TBA |
| 1/17 | FV @ Esperanza | 7:30 |
| 1/19 | Los Alamitos @ FV | |
| 1/26 | Marina @ FV | |
| 1/28 | Ocean View @ FV | |
| 1/31 | FV @ Edison | |
| 2/2 | HB @ FV | |
| 2/7 | Esperanza @ FV | |
| 2/9 | FV @ Los Alamitos | 7:30 |

All games are at 7 p.m. excepted as printed.

Wrestling

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|---------|--------------------|---------|
| 12/22 | Mrina @ FV | 7:00 |
| 1/11 | FV @ HB | 7:00 |
| 1/13-14 | 5 Counties | All day |
| 1/19 | FV @ Los Alamitos | 7:00 |
| 1/25 | Esperanza @ FV | 7:00 |
| 2/1 | FV @ Edison | 7:00 |
| 2/4 | League Finals @ FV | TBA |

Girls Soccer

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|----------|------------------------------|------|
| 11/22 | FV @ Corona del Mar | 3:15 |
| 11/29 | Foothill @ FV | 3:15 |
| 12/1 | FV @ Newport Harbor | 3:15 |
| 12/2-3 | OV Holiday Classic | TBA |
| 12/6 | Long Beach Poly @ FV | 3:15 |
| 12/9-10 | OV Holiday Classic | TBA |
| 12/13 | FV @ Millikan | 3:15 |
| 12/15 | Pacifica @ FV | 3:15 |
| 12/16-17 | OV Holiday Classic | TBA |
| 12/20 | University @ FV | TBA |
| 12/22 | Irvine @ FV | 3:15 |
| 12/27-29 | Excalibur Tourney @ Foothill | TBA |

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|------|-------------------|------|
| 1/5 | FV @ Marina | 3:00 |
| 1/10 | Edison @ FV | 3:00 |
| 1/12 | FV @ HB | 3:00 |
| 1/17 | FV @ Esperanza | 3:00 |
| 1/19 | Los Alamitos @ FV | 3:00 |
| 1/26 | Marina @ FV | 3:00 |
| 1/31 | FV @ Edison | 3:00 |
| 2/2 | HB @ FV | 3:00 |
| 2/7 | Esperanza @ FV | 3:00 |
| 2/9 | FV @ Los Alamitos | 3:00 |

Boys Soccer

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|----------|----------------------|------|
| 11/28 | FV @ Costa Mesa | 3:15 |
| 12/2 | University @ FV | 3:15 |
| 12/5 | FV @ Santa Margarita | 3:15 |
| 12/7 | FV @ Santa Ana | 3:15 |
| 12/12 | Pacific @ FV | 3:15 |
| 12/14 | FV @ Trabuco Hills | TBA |
| 12/16-19 | Irvine Tourney | TBA |
| 12/26-28 | Marina Tourney | TBA |
| 1/4 | Los Alamitos @ FV | 3:00 |
| 1/6 | Marina @ FV | 3:00 |
| 1/11 | FV @ Edison @ OCC | 3:00 |
| 1/13 | FV @ HB | 3:00 |
| 1/18 | Esperanza @ FV | 3:00 |
| 1/20 | FV @ Los Alamitos | 3:00 |
| 1/27 | FV @ Marina | 3:00 |
| 2/1 | Edison @ FV | 3:00 |
| 2/3 | HB @ FV | 3:00 |
| 2/8 | FV @ Esperanza | 4:45 |



Girls Waterpolo

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|---------|--|-------|
| 11/29 | FV @ Aliso Nigeul | 3:15 |
| 12/1-3 | Poway Tourney | TBA |
| 12/8-10 | Villa Park Tourney | TBA |
| 12/12 | FV @ Northwood | 3:00 |
| 12/14 | FV @ Laguna Hills | 3:00 |
| 12/16 | FV @ LB Poly | 3:00 |
| 12/17 | Alumni Game @ HB | 12:00 |
| 12/21 | FV @ Beckman | 3:15 |
| 1/4 | FV @ Marina | 7:30 |
| 1/6 | FV @ Tesoro | 4:00 |
| 1/9 | Rosary @ FV @ HB | 5:30 |
| 1/11 | Esperanza @ HB | 7:30 |
| 1/16 | Mater Dei @ FV @ HB | 5:30 |
| 1/18 | HB @ HB | 5:30 |
| 1/27 | FV @ Woodbridge @ Woollett Aquatics Center | 4:00 |
| 2/1 | Edison @ HB | 6:30 |
| 2/2-4 | Bonita Tourney @ Bonita & Whittier | TBA |
| 2/8 | Los Alamitos @ HB | 6:30 |



Kira Hurst, Vice Principal Activities

BATTLE OF THE BELL.

One of California's biggest high school rivalries—perhaps the biggest—will be at Orange Coast College on Friday, November 4th @ 7:00 pm.



Tickets for the Edison game go on sale on October 18th and may be purchased in the Financial Office, 7:00-1:00 & 2:00-3:00 every day except Mondays.

Tickets will *not* be sold after 1:00 p.m. on November 4th.

For more information about the big game, go to *fvhs.com* and look for the link to the Edison game, or call the school at 962-3301 x4409.

Band and Choir. Both Band and Choir have a very busy performance schedule over the holiday season. Band will have competitions at the Los Vegas Invitational on Saturday November 5th, the SCSBOA Huntington Beach Field competition on the November 16th from 5:00 to 10:00 pm, and the String Orchestra Concert will be in room 310 on November 22 at 7:30 pm.

Choir will perform with the SCVA Honor Choir on Friday and Saturday, November 18th and 19th at OCC at 7:00 pm. The Holiday Concert will be on Tuesday December 20th at the Calvary Church of Santa Ana at 7:30 p.m.

BARON BOUTIQUE.

Do some early holiday shopping while, at the same time, supporting the FVHS Dance Team. The Dance Team will hold a boutique in the FVHS bowl on Saturday, November 19th, 8:00 am to 3:00 pm.



PEER COURT. What is Peer Court? Peer Court is a juvenile diversion program sponsored by the Orange County Constitutional Rights Foundation. It is a court where real cases involving teen offenders are heard by a volunteer judge from the Orange County court system. FVHS students are selected from the audience to serve as jurors. After questioning the offenders, students meet with their fellow jurors to determine what sanctions will be recommended to the judge. Four cases are heard at each Peer Court session. Students can have detentions or a Saturday school removed by attending Peer Court; they are also given community service credit for their Government classes by attending. Three sessions remain in this year: November 9, January 10, and March 22. Students must report to Room 307 no later than 3:00 in order to take advantage of this excellent educational opportunity.

Michaela Wakeman, ROP Specialist

To find joy in work is to discover the fountain of youth," said Pearl S. Buck, American writer. The key to job satisfaction is to be interested in what you are doing, as you will probably work for at least 35 to 40 years of your life, seven or eight hours a day, four to five days a week! Think creatively as to how to make your interests a prime part of a job or career. What personality traits do you possess that can apply to a career choice? What skills do you have? What are your strengths and weaknesses?

An excellent way for high school students to discover and identify some of their qualities is through Coastline Regional Occupational Program (ROP). ROP offers over 70 career preparation classes to high school students who are 16 years of age or a junior or senior. Nineteen of these classes provide hands-on internship classes in five career pathways: Arts & Communication, Business & Marketing, Health Science, Public Service, and Science & Technology. All ROP classes offer high school credit and a grade towards graduation.

ROP can help students gain the experience needed to obtain a first job, update existing skills, and qualifications to prepare for a better job. ROP can also be very helpful in the exploration of a college major. Students who complete ROP courses obtain skills and experience demanded by employers. Students who are university/college bound are able to examine areas of interest before making long-term commitments. University/college applicants may receive priority consideration when transcripts show evidence of involvement in a related career program, such as ROP, especially in many popular or highly impacted fields of study. Students are also prepared to seek advanced training and realize the value of continuing education.

Many colleges now require students to complete internship training before graduating. The percentage of interns who got a job with a company at which they interned rose from 36 to 45 percent from 2001 to 2004. Competition for internships has become fierce. Savvy employers would rather choose a candidate who has at least one or more internships over a candidate without experience in the working world. During internships employers are measuring work ethic, ability to learn and ability to get along with colleagues.

For more information on ROP career preparation and internship classes, see Mrs. Wakeman in the Career Center, now located in Room B15. Enrollment for Spring 2006 classes will begin in Nov. 2005! Check out all ROP class offerings on our website.

www.coastlinerop.k12.ca.us

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| <p>Vicky Gagniere, FVHS Nurse</p> | <p>Booster Information</p> |
| <p>LATEX ALERT</p> <p>Our school community is comprised of an ever-changing population of students. Several of our students have a severe latex allergy and must avoid contact with products containing latex. Because it can cause a life-threatening allergic reaction, we have instituted the following guidelines:</p> <p>Latex balloon bouquets are not allowed on campus.</p> <p>By working together, we can avoid an emergency situation while maintaining our cohesive student environment that allows all students, even those with restricting medical conditions, to enjoy the social aspects of being a Baron.</p> <p>I hope the 2005-2006 school year is successful for us all and I look forward to talking with you regarding any concerns you may have. I am available at FVHS Wednesday and Friday and some Mondays. If you are volunteering please see me about a TB test.</p> <p>Parent Quiz Are you keeping lines of communication open?</p> <ol style="list-style-type: none"> 1. I let my teen know that I want to hear about her/his life. 2. When my teen wants to talk with me, I put down the newspaper or turn off the computer or TV. 3. If I'm angry, I avoid talking about the problem until I regain my cool. 4. I try to keep "adult talk" (saying things like "When I was your age") to a minimum. 5. I don't use words that put my teen down. <p>How did you score? Each <i>yes</i> answer helps open communication with your teen. Try the ideas to which you said <i>no</i>.</p> | <p>Grad Night Party</p> <p>Planning has already begun for this year's Grad Night for the graduating seniors of FVHS and WE NEED YOUR HELP. Grad Night occurs the night of graduation in June; it is an all-night celebration for the graduating class of 2006 with music, dancing, food, games, prizes and entertainment in a safe and substance-free environment that Seniors will never forget! The only way to make this event work is through the help of volunteers like you! If you are interested in seeing that our students have a great time, while staying safe, please come to one of our meetings and find out how you can help. AND... find out how you can earn DISCOUNTS on Grad Night tickets by helping...the more you volunteer, the more you save. Help our students and help your wallet!</p> <p>Remember, you don't need to be a parent of a Senior to help; we actually highly encourage the parents of Freshman, Sophomores and Juniors to participate in Grad Night's success.</p> <p>Come to one of the following meetings to find out how you can contribute to making Grad Night a success:</p> <ul style="list-style-type: none"> Mon., Oct. 3, 2005 - Faculty Dining Room Mon., Nov. 7, 2005 - Faculty Dining Room Mon., Dec. 5, 2005 - Faculty Dining Room Mon., Jan. 2, 2005 - Faculty Dining Room Mon., Feb. 6, 2005 - Faculty Dining Room Mon., Mar. 6, 2005 - Cafeteria Mon., Apr. 3, 2005 - Faculty Dining Room Mon., May 1, 2005 - Faculty Dining Room Mon., Jun. 5, 2005 - Faculty Dining Room <p>If you have any questions, please feel free to come to a meeting, visit our website - www.fvhsgradnight.com (constantly undergoing changes), or email us (volunteers@fvhsgradnight.com). We look forward to hearing from you and we hope you can help!</p> |
| <p>VIPS Volunteers in Public School, Evie Belgen, Community Resource Coordinator</p> | |
| <p>VIPS student scholarship recipients send grateful thank you messages to the following volunteers who provided scholarship funding by working Bingo:</p> <p>Mary Ellen Pascucci (Volunteer/Booster President of the Year 2004-2005), Debbie Lew, John Morrison, Cheryl Soldan.</p> <p>Volunteers were on campus before school started. They registered 3,000 students for four days. Kim Ackley, Judy Aoki, Mary Balo, Amy Beauregard, Marshall Belgen, Patty Burden, Dancoise Clayborn, Lily Hara, Debbie Hernandez, John Johlic, Angela Kendig, Kathy Kline, Yvette Patterson, Sandy Strum, Betty Jean Werner, James Werner, and Lillian Williams were wonderful especially John Johlic who filled in for me 2 days.</p> <p>Assisting in the Financial Office were Kelly Madden, Alex Soria, Alysia Soria and Lynda Soria also for all 4 days.</p> <p>Textbooks were distributed for 4 days and ID cards for 1 day by the following vips: Kathleen Blanning, Lily Hara, Barbara Harada, Debbie Hernandez, John Johlic, Anna Katsuki, Kathy Kline, June Marine, Yvette Pierce, Drue Trott, Betty Jean Werner, Opening of school worked very well for the students and the staff because of your assistance. Thank you all.</p> | |



*The Teachers and Staff of
Fountain Valley High School
Wish You
A Happy Holiday Season*



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We thank the FVHS Bingo players who have entered into a partnership with FVHS to support the publication of this newsletter.

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Fountain Valley High School, 17816 Bushard St. Fountain Valley, CA 92708

The school is a four-year high school of the Huntington Beach Union High School District.

Chris Herzfeld, Principal, Evie Belgen, Community Resource Coordinator & Principal's Newsletter Editor.

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